

***Vikings***

***Black Friday Shooting clinic***

**Shooting Drills & Competitions**

 ***East HS &*** ***KidFitSports* presents:**

**Starts with an air ball then ends with a swish!** Two hours of shooting. Working on form, mechanics, and perfecting your shot. Using 10’ baskets, 8½’ baskets, shooting buddies, shooting gun machine. **Lay ups, put backs, bank shots, mid-range, free throws, long range**…the more you take the more you make!

**For:**  **1st thru 8th grade**

**Where:** West Chester East HS Main Gym, 450 Ellis Lane, West Chester, PA

**When:** **Friday, November 29th**  **12:30 PM – 2:30 PM after lunch**

**Who:** Run by **WC East Varsity Coaches** and **T.D. Lion’s Kid Fit Sports**

**What: Black Friday Shooting is** all about making baskets! Participants will be working on all kinds of shooting with instruction, drills, repetition, and challenges. **A great way to have your son or daughter work on their game while you run errands.** Includes fun & challenging competitions for prizes!

**Cost:** **$20/player if mailed in** before 11/26 **or Venmo** (@tdlions2), **$25 via PayPal** (kidfitsports.com)

* **$30 if walk in** registration,
* **Made payable** to **Tom Durant**
* **Mail to:** P.O. Box 82, Westtown, PA 19395

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**Black Friday Shooting Clinic ‘19**

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Gr.\_\_\_\_

Email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Elem School attended\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone #\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Parent\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

$20, 25, 30 Payable to **Tom Durant**

 P.O. Box 82

 Westtown, PA 19395



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I accept full responsibility for any injury to my son during T.D. Lion clinic /Kid Fit Sports activities. Every effort is made to protect the health and safety of the participants, but my child is insured and I shall not hold responsible any member of the T.D. Lions / kid fit staff, faculty, or the school in the event of an injury. Parent (Guardian) Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_