

**Kid Fit Sports ‘19**

 **Viking Basketball** Annual Fall Clinics

Skills, Drills, and Games

**Is your son or daughter signed up for Basketball league play this school year?** Have your child learn and improve their game with our clinics which include teaching components, conditioning, competitions, and multiple station skill work. Get Better by Playing More. Join in on the fun and motivating atmosphere.

*Defense Offense Dribbling Shooting Cutting*

*Movement Box Out Rebounding Passing Movement*

*Picks layups terminology triple threat close out*

*1 on 1 3 on 3 spacing rolls & fades hedge*

For: **Boys and Girls Grades 1 to 8** grouped appropriately

Where: **West Chester East HS Main Gym**, 450 Ellis Lane,

When: **Wednesday Nights in October: 10/2, 10/16, 10/23, 10/30**

Time: **6 PM – 7:30 PM**

Who: Tom Durant, Head Varsity Boys Basketball Coach, Kid Fit Sports

 **WC East Coaching staff** and H.S. players

Cost: $60 if mailed, $65 PayPal, $70 at door for all sessions, $20/session at door

Payable to **Tom Durant, P.O. Box 82, Westtown, PA 19395**

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**Kid Fit Sports**

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Gr.\_\_\_\_\_\_\_

Email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

School \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Parent\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone Number \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Payable to **Tom Durant**

 P.O. Box 82

 Westtown, PA 19395



I accept full responsibility for any injury to my son during T.D. Lion clinic /Kid Fit Sports activities. Every effort is made to protect the health and safety of the participants, but my child is insured and I shall not hold responsible any member of the T.D. Lions / kid fit staff, faculty, or the school in the event of an injury. Parent (Guardian) Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Kf site